

SERVICES & SPECIALTIES

Hand & Upper Extremity Care

Our hands, wrists and arms are involved in so much of what we do that injury or disease in them often has a major impact in our quality of life. Doctors Heaps, Strapko and Wang are all subspecialty, fellowship-trained hand and upper extremity experts who have the experience and knowledge to properly diagnose and treat your condition. We are committed to getting you back to the activities you love. **Here is a list of many of the injuries and conditions we treat. We look forward to helping you:**

Broken Bones & Injuries

- ✓ Animal Bites
- ✓ Distal Radius Fractures (Broken Wrist)
- ✓ Finger Fractures
- ✓ Fingertip Injuries/Amputations
- ✓ Flexor Tendon Injuries
- ✓ Hand Fractures
- ✓ Human Bites
- ✓ Lawn Mower Injuries
- ✓ Mallet Finger (Baseball Finger)
- ✓ Nerve Injuries
- ✓ Scaphoid Fracture of the Wrist
- ✓ Sprained Thumb
- ✓ Snowblower Injuries
- ✓ Thumb Fractures
- ✓ Wrist Sprains

Diseases & Conditions

- ✓ Arthritis of the Hand
- ✓ Arthritis of the Thumb
- ✓ Arthritis of the Wrist
- ✓ Boutonnière Deformity
- ✓ Carpal Tunnel Syndrome
- ✓ Compartment Syndrome
- ✓ deQuervain's Tendinitis
- ✓ Dupuytren's Contracture
(Treated non-surgically by Xiaflex injection)
- ✓ Ganglion Cyst of the Wrist and Hand
- ✓ Kienböck's Disease
- ✓ Trigger Finger
- ✓ Ulnar Tunnel Syndrome of the Wrist

Want to learn more?

Request an appointment at nhoc.com or call 603.883.0091 today.

Our Hand & Upper Extremity Team



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