

Using the appropriate symbols, mark on the body diagram where you feel the following sensations:

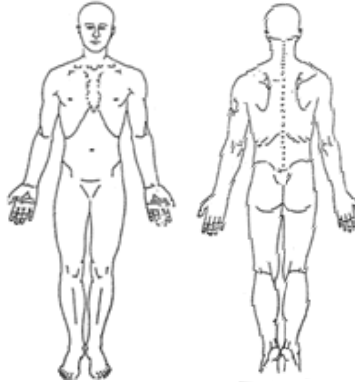
Numbness
===

Pins & Needles
ooo

Burning
xxx

Stabbing
///

Aching



Please mark (with an x) on the line below indicating how bad your pain is now:

NO PAIN -----WORST POSSIBLE PAIN

1. **What activities make your pain worse?** Please check ALL that apply to you.

- | | | | | |
|----------------------------------|-----------------------------------|--|---|--|
| <input type="checkbox"/> Lying | <input type="checkbox"/> Standing | <input type="checkbox"/> Exercise (during) | <input type="checkbox"/> Bending Forward | <input type="checkbox"/> Twisting |
| <input type="checkbox"/> Sitting | <input type="checkbox"/> Walking | <input type="checkbox"/> Exercise (after) | <input type="checkbox"/> Bending Backward | <input type="checkbox"/> Coughing/Sneezing |

2. **What reduces your pain?** Please check ALL that apply to you.

- | | | | | |
|----------------------------------|-----------------------------------|--|---|--|
| <input type="checkbox"/> Lying | <input type="checkbox"/> Standing | <input type="checkbox"/> Exercise (during) | <input type="checkbox"/> Bending Forward | <input type="checkbox"/> Twisting |
| <input type="checkbox"/> Sitting | <input type="checkbox"/> Walking | <input type="checkbox"/> Exercise (after) | <input type="checkbox"/> Bending Backward | <input type="checkbox"/> Coughing/Sneezing |

3. **What medication and dosage either prescriptions or over the counter are you currently taking for this pain?**

NONE

4. **Are you currently under treatment at a Pain Center?**

- No Yes, if so where: _____

5. **Are you currently under a pain contract with anyone?**

- No Yes, if so where and length of time: _____

6. **What treatments have you tried for this pain?**

- Physical Therapy Chiropractic Acupuncture Home Exercises NONE

7. **Have you been seen for this current pain by :**

- | | | |
|--|---|-------------|
| <input type="checkbox"/> MD/NP/PA _____ | <input type="checkbox"/> Emergency Room | Date: _____ |
| <input type="checkbox"/> Urgent Care Center Date: _____ | <input type="checkbox"/> Hospitalized | Date: _____ |
| <input type="checkbox"/> NONE | | |

8. **Have you had any of the following tests?**

- | | |
|---|---|
| <input type="checkbox"/> XRAY Date: _____ | <input type="checkbox"/> MRI Date: _____ |
| <input type="checkbox"/> CT Scan Date: _____ | <input type="checkbox"/> EMG/NCS Date: _____ |
| <input type="checkbox"/> Other | |
| <input type="checkbox"/> NONE | |